

National Day of Prayer – 2020 **“An Hour to Change the World”**

Welcome, we are so glad that you are considering participating with us.

We believe that prayer changes things, it impacts the people praying and the things being prayed for. This is because God loves it when we ask Him to do big things, when we humble ourselves and ask for His help.

This year, for **National Day of Prayer** on May 7th we want to issue a goal called the *2020 Challenge – an hour to change the world*. In one hour, take part in one, or up to three, 20-minute opportunities, in order to impact your country, your community, and individuals who are part of your sphere of influence.

Take a step into the lifechanging practice of prayer and see what happens! Below you will find specifics on how to go about this challenge.

James Jones
Groups Pastor
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What Opportunities Are There?

Opportunity 1

20 minutes of prayer for your country and for care-givers – done as a family

- Doctors, nurses and clinical staff
- Researchers and lab techs working on a vaccine
- First responders, police, fire, EMT
- Teachers, childcare workers, nursing home staff
- Counselors, mental health workers and ministers

Opportunity 2

20 minute prayer walk through your community, praying for your neighbors

- For opportunities to connect with neighbors
- For health and protection of neighbors during this time
- For provision and resources
- For hearts to turn to God

Opportunity 3

20 minutes of prayer for your connections – individuals you have relationship, influence and impact with

- Co-workers you have influence with
 - Friends and family members – their protection, welfare, mental and spiritual health
 - For yourself, what is God doing in you? Ask Him for direction and guidance
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Too Much? Try This

Maybe this is overwhelming. Consider turning your 20-minute prayer sessions into (3) 2-minute sessions to get started.

How Do I Pray?

Just talk to God, it doesn't require fancy or religious words.

Also remember that a big part of prayer is listening, it doesn't mean non-stop talking. Prayer is a conversation with God. So, as you pray for others, it's perfectly alright to have time in between prayers where you can listen.

Once You Are Done

Take a selfie and post it on your social media accounts and tag it *#lakesawyerprayer2020*.

Also, remember it doesn't have to end there. Consider keeping those people in your prayers ongoing. Journal your experience. Prayed for specific things? Jot them down and see over time how God moves in their lives.

Thank you for participating in this year's National Day of Prayer 2020.